



SILS

Semi-independent living services are services that include training and assistance in managing money, preparing meals, shopping, personal appearance and hygiene and other activities needed to maintain and improve an adult with mental retardation's capacity to live in the community. A goal of SILS is to support people in ways that will enable them to achieve personally desired outcomes and lead self-directed lives.

To be eligible to receive SILS, the recipient must meet all these criteria:

- Be 18 years of age or older
- Be determined to have mental retardation or a related condition
- Be unable to function independently without semi-independent living services

Reimbursable costs include training and assistance in:

- First aid and obtaining assistance in an emergency
- Learning and exercising rights and responsibilities of community living
- Nutrition, meal planning and preparation
- Obtaining and maintaining a home
- Personal appearance and hygiene
- Self-administration of medication
- Shopping
- Social, recreation and transportation skills, including appropriate social behavior
- Using the phone and other utilities